

Suspension of benefits – step by step

If you do not turn in the activity reports, miss a booked meeting with the Public Employment Service or otherwise mismanage your job search:

- First time: Warning
- Second time: Suspension from the right to benefits for 1 day
- Third time: Suspension from the right to benefits for 5 days
- Fourth time: Suspension from the right to benefits for 10 days
- Fifth time: The right to benefits is lost until a new work requirement is met

If you turn down a job or a labour market policy programme or otherwise extend your time in unemployment:

- First time: Suspension from the right to benefits for 5 days
- Second time: Suspension from the right to benefits for 10 days
- Third time: Suspension from the right to benefits for 45 days
- Fourth time: The right to benefits is lost until a new work requirement is met

If you resign or leave your own profitable business:

- First time: Suspended from the right to benefits for 45 days (20 days if the job or programme would have lasted a maximum of 10 days)
- Second time: Suspended from the right to benefits for another 45 days (20 days if the job or programme would have lasted a maximum of 10 days)
- Third time: The right to benefits is lost until a new work requirement is met.